

# Jemple Emanuel of the Merrimack Valley

The Bulletin

Volume 64 Number 5

January 2016 - Tevet ~ Shevat 5776

From the

New Year, New You

As the secular year begins, it is our American custom to commit to "New Year's resolutions" – we resolve to change some aspects of our behavior or routine to



better ourselves. Most often, it is not profound spiritual or personal growth to which we commit, but rather seemingly simple things we feel might improve our lives in some way. We promise to keep better track of our days and responsibilities by making detailed lists and calendars – yet we soon lose track even of the list! We resolve to eat healthier and exercise more often. Gyms and diet programs are the primary beneficiaries of our postwinter-holiday self-improvement quest – approximately 15% of all new members enroll in January. Yet 80% of new members drop out within a month or two, succumbing to time pressures or winter doldrums.

A few months ago, at the Jewish new year of Rosh Hashana, we turned our focus, and our resolutions, inward, examining our inner lives, our spiritual selves, and our relationships. Our intentions were undoubtedly pure and worthy. But has our success rate been any higher than it might be for our gym membership? Have we experienced long-term repair and restoration of our loving relationships, or found ways to be better care-takers of our own spirits?

Perhaps we've fallen short. It's hard to sustain focus on any element of self-improvement, whether superficial, like diet and exercise, or more elemental, such as our attitudes and behaviors. Although the rewards can be great, the goals can seem far-off and unreachable.

In many ways, we believe, we are essentially who we have been and who we will be – but we do have the ability to improve! Our height, blood type and eye color are largely immutable, but we CAN control our weight, sugar or cholesterol levels somewhat, thereby influencing our health outcomes. Similarly, we cannot alter our birth order, native language, or the way our brains process information, but we CAN at least attempt to alter, in small but possibly significant ways, our responses to the stimuli we face each day. In so doing, we can change not only our own experience of the world, but how others experience us.

It's said that, for any behavior to become a new habit, one must practice it every day for at least 21 days. This month, many of our members will begin A Taste of Mussar, a daily practice which will engage our minds and spirits in self-reflection and study. I am very excited to facilitate this work, and hoping each of the participants will find that the practice of Mussar will give us direction and purpose, allowing us to take those tiny daily steps, and enabling us to deepen our relationships with ourselves, with one another, and with the Divine.

I hope that, in 2016, you are each able to find new paths for growth, new avenues to explore, and new connections that enrich your days.

L'shalom, Rabbi Robin S. Sparr



## January 2016 Service Schedule

Date	Notes/Hosts	Yahrzeiten
Friday, January 1		
Parashat Sh'mot 7:30 PM Shabbat Service	Lqy leqder: Sheldon Bishov Board/Oneg: Richard Ebner	Charles Ashley 12/27 Helen Knight 12/28 Louis Weiner 12/30 Tanya Ratney 12/31 Samuel Schwartz 12/31
Friday, January 8 Parashat Va'era 6:00 PM Tot Shabbat Service for Young Families 7:30 PM Shabbat Service	6:30 PM: ALL are welcome to Pizza/Potlyck Dinner Board: Phebe Rand Oneg: Rachel Rand	Ancel Land 1/6
Friday, January 15 Parashat Bo SOCIAL ACTION SHABBAT 7:30 PM Shabbat Service	Kabbalat Shabbat Followed by Social Action program Board: Michelle Vlamis Oneg: Vivian Burton and Jane Maine	Everett Byrofsky 1/11 Florence Spitzer 1/11 Marjorie Niemeyer 1/14
Friday, January 22 Parashat B'shalach 7:30 PM Shabbat Service	Board/Oneg: Lisa Rubin	Eric Pick 1/18 Muriel Sidel 1/19
Sunday, January 24 Parashat Yitro 10:50 AM Weekday Service	Religious school morning tefila All are welcome!	
Friday, January 29 Parashat Yitro 7:00 PM Shabbat Service	Kabbalat Shabbat and Tu Bishvat Seder Board: Lisa Rubin Oneg: Carol Freedman	Isabella Phillpotts 1/26 Hilbert Sosin 1/27
Friday, February 5 Parashat Mishpatim 7:30 PM Shabbat Service	Board: Stephanie Karakantas Oneg: Jane Maine and Vivian Burton	George Gerzon 1/30 Harry Joslin 1/30 Kenneth David Miller 2/1 Louis Gallant 2/3 Jeffrey G. Nanis 2/4 Roslyn "Rookie" Taber 2/5

## PRESIDENTS' MESSAGE

Greetings TEMV Community,

As I reflect back on the last 2 months of 2015, I am amazed at the increased commitment shown by our members and friends in taking ownership of being an active part of our community. It is the embracing of our shared responsibility to steward to each other that is impacting our temple in dynamic ways.

I like to think this deeper transformation began around the time the board scheduled our first temple clean up day last May. I had a sincere hope that through the process of working together in relinquishing no longer used or needed items, a greater sense of belonging to the physical space and more importantly, to each other, would evolve. And what transpired initially was this: a library that is completely reorganized and lovingly maintained—beckoning us to sit and read, learn or meditate. Our lobby, so beautifully decorated, remains the welcoming and gathering place for our community and visitors. Our cherished Lunch Bag Assembly, spearheaded by our previous rabbi, Rabbi Rose, with newly designated kitchen space for storage, is flourishing beyond expectations. These initiatives and others, such as improving temple safety and accessibility have led, in my mind, to the increasing connection we have with one another.

Our care and concern beyond our shared physical space was exemplified during the latter part of 2015 when many temple members became ill and were in need of assistance. When the call went out for help, what seemed like a band of angels, stepped up without hesitation. The outpouring of community support was huge and of a magnitude I had not seen for some time. Meals were prepared, visitors shared their time with those recuperating and transportation was provided. Seeing our community respond was inspiring.

And perhaps as equally inspiring, there have been more than a handful of anonymous donors who have contributed financial gifts that I wish to share with you. Several of these gifts have been targeted to give the building some much needed repair; another so that music is highlighted; other gifts will bolster our operating budget to meet the demands of the winter season and beyond. One contribution was graciously offered to specifically ensure Rabbi Sparr's salary be met in the possibility of a fiscal shortfall. All of these donations and the many more that I know will materialize as this bulletin goes to print, promise increased financial stability as we approach the 2016-2017 budget year preparations.

On behalf of the board of Trustees, I wish to extend our tremendous gratitude to all of you who have stepped up and given your time, energy, money and compassion to this temple. It is a true blessing to be part of the TEMV community—a community that responds to your needs and asks you to respond right back.

B'shalom Stephanie

The minutes from our TEMV Board of Trustees meetings are on our website! Log in and check out the minutes under "for members only" section.

Mark your Calendars! TEMV Board Meetings will be held every second Wednesday at 7pm through May. All are welcome.

Next Board meeting Wed. Jan. 13th at 7:00 PM

**Ritual Committee Meeting** Mon, Feb. 1st at 7:00 PM

**Social Action Committee Meeting** Sun Feb 7 11 AM farfel43@yahoo.com



## TEMV Book Club

is a bimonthly or so gathering where we share lively discussions about selected books and how

they inform us about the world and our own lives.

The TEMV Bookclub will be meeting **on Sunday**, **January 17 at 11:00** am to discuss "Girl on the Train" by Paula Hawkins. Described as "a debut psychological thriller that will forever change the way you look at other people's lives."

Light refreshments will be served. All are welcome to attend. Meeting is at the home of Phebe Rand. Contact <a href="mailto:bookclub@temv.org">bookclub@temv.org</a> for address and directions.

## **Religious School News**

Our Widening Community One of the wonderful things about TEMV is our connection to the broader community, with participation in activities such as JOSTY Shul-In, Lunch Assembly, Mitzvah Day (in March) and more. Looking forward to seeing you and your children at these events!

#### JOSTY Shul-In, Saturday/Sunday, January 23-24:

Our 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> graders will have an opportunity to connect with other Jewish tweens from around New England at the annual JOSTY Shul-In. This overnight event in Brookline welcomes middle-schoolers to meet other kids in our region and try out fun activities in a setting very similar to regular youth group (NFTY) events.

Please consider sending your child to the Shul-In, Saturday, January 23 – Sunday, January 24. There is a minimal cost (\$36) and scholarship available (contact me privately). And, of course, students who participate will NOT be expected at religious school that Sunday ©

Yael Rothman, our 4/5 teacher, will likely be chaperoning, and I'll drop in to visit our students on Saturday evening. I hope to have ALL of our 6/7/8 grade members at this wonderful event! For more information, and to register, go to: <a href="https://tosyouth.wufoo.com/forms/josty-shul-in-registration-2016/">https://tosyouth.wufoo.com/forms/josty-shul-in-registration-2016/</a>

**Personalized Prayerbooks:** This year, all religious school students who have mastered the Hebrew alphabet and begun reading Hebrew will receive a personalized siddur (prayerbook) at a special ceremony honoring their accomplishment.

Please save the date: April 1<sup>st</sup>, 6:00pm dinner followed by our Siyum HaSefer service, and see the flyer elsewhere in the bulletin for the book order form.

**Hadashot**: If you have news or information to share, feel free to send it to me for inclusion in our weekly newsletter.

#### **COMING UP THIS MONTH:**

**Sunday, January 3:** NO SCHOOL: Happy (Gregorian) New Year!

**Friday, January 8:** Tot Shabbat/Service for young families (children younger than 7) and community pizza/potluck

**Sunday, January 10:** School in session; Lunch Bag assembly to benefit Lowell Transitional Living Center. Students welcome to participate for part of the morning beginning at 9:30am; adults invited to help until completed.

Sunday, January 17: NO SCHOOL; MLK Weekend

**Sunday, January 24:** School in session; 10:50 am Sunday Tefilah (all are welcome)

**Sunday, January 31:** School in session; 10:50 Tu Bishvat Seder

L'shalom,

Rabbi Robin S. Sparr Director of Education

#### **CONTINUING EDUCATION**



There was great interest in **Taste of Mussar** and I'm pleased to report that 13 people have registered for the course, which will take place on Sunday afternoons beginning at 2:00pm on the following dates:

January 10

January 24

February 7

February 28

snow day March 6

Classes will run approximately 1.5 to 2 hours. If you have not received an email confirmation from me, you are not registered - please email me immediately and plan to bring your \$36 check to the first class. Scholarship funding is available if the cost is presently beyond your reach.

After Mussar concludes, I will be offering a **Taste of Cantillation** open to all. The class will meet for 30 minutes on 5 Sundays during religious school. Look for more details next month!

L'shalom, Rabbi Robin S. Sparr

## Musical Tapestry and Fundraising Night Saturday, March 12 2016

Consider supporting TEMV with either a personal donation to the Fundraising Night or by volunteering to solicit merchants and businesses for a donation.

The success of an auction relies first and foremost on donations, not promises of donations. So, before you forget, contact



events@temv.org and let us know what you wish to donate. Can't decide we'll be happy to provide suggestions. Then drop off or mail it to the temple. Gift certificates, tickets, professional services, hand crafted items are just a few of the endless possibilities. The donations need not be expensive. Perhaps you have a brand new item you received as a gift that you really can't use? We won't tell!

In recent years many of our donations have been from local merchants and businesses. They are willing to donate but they have to be asked. In return for their donation we encourage the TEMV community to patronize businesses that support us and include them on the donor page of our website <a href="http://www.temv.org/donors/">http://www.temv.org/donors/</a>.

This is the Temple's only major fundraiser of the year, and its success depends on your participation.



Featured musical acts are
The Chameleons
Rabbi Robin Sparr and
Rahel and friends

There are openings for select Temple acts, if you are interested in performing please contact <a href="mailto:events@temv.org">events@temv.org</a> for prior approval.

Thank you in advance for your support

## Wandering lvy

This time of year is hectic for all of us. I've had so much going on with Hanukkah, the end of the semester, holiday parties and family get-togethers that I can't believe it is almost 2016. Hana proposed in Venice at the end of October. (And, I said yes.) So there's that too. We aren't in the planning stages by any means but we are excited about all the possibilities ahead for us as a couple.

Teaching this year definitely ended on a high note with my Jewish Prague students presentations of their creative final projects. Let me give you just a few examples. One student rapped a song about the Golem. Another wrote an amazing short book of poems about Jewish life in Prague. One painted a timeline of the history of the Jewish experiences in Prague. A few small groups made documentaries about Prague's kosher options and another small group interviewed tourists about the history behind the controversial crucifix on Charles Bridge with Kadosh, Kadosh, Kadosh Adonai Tzvaot on it. Needless to say, I was blown away by their creativity, insight and effort. Speechless really. What a great group of students!

May I wish you all a great 2016 and as they say in Czech *štastný nový rok*, or luck for the new year.

Yours, Ivy

## **Pampered Chef Temple Fundraiser**

Can't make it to the party on Jan 9?
Still want to support TEMV and purchase some of their high quality kitchen tools? No problem – place your order online anytime before January 25.

Visit the show's <u>Facebook page</u>. Place online orders online through the show's webpage:

https://pamperedchef.com/go/TempleEmanuel

15% of sales will support the Temple

Tell your friends and family.

Please RSVP to <a href="mailto:pampered@temv.org">pampered@temv.org</a> or call 978 256-2855 by January 8 if you would like to attend the party. The party is at the Phebe Rand's home.

#### The Building Speaks to Us

In the Registry of Deeds, I am known as the structure located at 101 West Forest Street. My dimensions are recorded and the land surrounding me has been surveyed. But this does not really tell who I am.

Some of you have been coming through my doors for many years now, many, many Friday night Shabbats. You have celebrated holidays with me. Under my roof, you have declared your love and announced marriage plans. Babies have been named here. As parents you have witnessed your children learning, growing and becoming adults. And, I have also been here for you in times of loss and grief. For all of you, I am not just the building at 101 West Forest Street. I am your Sanctuary.

I was constructed in the 1950's. But I wasn't born into life until you entered my doors. Now we have all grown older together. Just as some of your body parts might not work as smoothly as they once did, some of my parts are in need of repairs. I have seen you look at me sometimes as you come to worship. It is embarrassing for me that time and weather have left me less presentable than I'd like to be for all of you.

However, please don't despair. When they didn't think I was listening, I overheard the Board mention that \$7,000.00 has been donated to help give me a makeover. I couldn't hear any names, but I am very grateful to whomever made such a generous gift.

Now here is how you can help. This Spring we need to begin working on me. If you could block out some time to help cut away at my rot, replace my deteriorated components and cover me with some fresh paint where I need it, I would really appreciate that.

The skills needed to fix me up are varied, so everyone can help in one way or another. Of course, you may always contribute financially. Much more than anything else, I want to see you and feel your hands on me. I want you to return the loving care I have shown in providing shelter for you, all these years.

If you would indulge me just a few moments more, I have another serious concern about my ability to serve you as I would like to. When I was planned and ultimately constructed, my creators gave me staircases so that all of you, would have access to all of me. Unfortunately, they did not consider what would happen when you all might have trouble negotiating my stairs. My inability to help you in this regard pains me deeply.

Lately, there has been scurry of activity in and around the stairwell by my Bimah. Men and women with tape measures and lasers have poured all over me. They are figuring out how to install a lift inside me. A lift for me, so that I may give you a lift when you need one.

Please be patient and feel free to ask how you can help with this project. Remember, just as it took more than a day to get out of slavery, it takes more than a day to build a lift. In the interim, I urge all the able-bodied members inside my walls to help those less mobile.

Thanks For Listening,

Your Temple makeover@temv.org

## New Machzor for the Pays of Awe



Thanks to everyone who donated to the fund for the newly updated Machzor (High Holy Day Prayerbook). We only need 30 of the two-volumne sets to reach our goal. Consider donating a set or more for your personal use or for the temple. You may use the form below to order

Name
I would like to order a total of set (s) of the Mishkan Hanefesh <i>Machzor for the Days of Awe</i> at \$42 per set.
I would like set (s) for my personal library.
I would like to donate set (s) to TEMV.
Enclosed is a check for \$
(Checks should be made payable to Temple Emanuel of the Merrimack Valley – with <i>Payerbook Fund</i> in the

Treasurer TEMV 101 W. Forest St. Lowell, MA 01851

#### SIDDUR (PRAYERBOOK) ORDER FORM

Each student presently enrolled in grade 3, 4, 5, 6, or 7 will receive a personalized, gold-embossed, siddur at our Siyyum HaSefer service on April 1, 2016. Please complete and return this form to the school office/Phebe Rand at your soonest convenience to be sure we have the correct spelling of your child's name.

Note that the siddurim given to the students will have Hebrew and English texts, but NOT transliteration (Hebrew words rendered in Latin/English letters). If you wish to order an additional embossed siddur for your family, you must indicate if you want your household siddur to contain transliteration (recommended) or not.

Information about your child:  Name as you wish it to appear on the cover:
Hebrew name (will appear on a bookplate inside):
If you wish to order additional books for your family:
The cost per book is \$45; please include your check with this form.
Number of books you wish to order:  WITH Transliteration: WITHOUT transliteration:
Name as you wish it to appear on the cover (can be an individual's name(s) or family name):
If you wish to order additional books to be donated to the Temple:
The cost per book is \$38; please include your check with this form.
Number of books you wish to order:

# pampered chef



## Fundraiser to Support Temple Emanuel of Lowell

Save the Date Pampered Chef Fundraiser Show Sat, Jan 9, 2016 5:00 PM RSVP (978) 256-2855 pampered@temv.org for address

Pampered Chef is the premier direct seller of high-quality kitchen tools. Sample a tasty recipe, get cooking tips and try their easy to use products Up to 15 percent of total sales will support the Temple, plus an extra \$3 for every show booked from the event. Bring a friend to share the fun. Can't wait to see you there!

If you can't make it to the party, here's a link to the show to place your order:

https://pamperedchef.com/go/TempleEmanuel

Please share with friends, family and co-workers.

Orders will be accepted through Jan 25

## Social Action Update

#### **Lunch Assembly**

Our next lunch assembly will be on Sunday 1/10/2016 at 9:30 AM.

Please participate at this event as we make lunches for homeless persons thru the Lowell Transitional Living Center.

You can make sandwiches, stuff sandwich bags, fill the boxes, decorate the bags, deliver the lunches to the Shelter.

We need and you can place in the kitchen anytime:

Jars of jelly Jars of peanut butter Boxes of granola bars Bottled water

Bring the weekend of the lunch assembly:

Loaves of sliced whole wheat bread Bags of oranges and/or apples

#### Mitzvah Day

This year our annual Mitzvah Day will take place on Sunday March 13, 2016.

We begin at the Temple and move to the Lowell Mobile Food Pantry. We will receive shopping bags of food to deliver to homebound people.

Prior to the event those adults who are interested should complete a CORI form. They will be available thru the School and from me.

There will be more information and directions as we come closer to March 13.

#### **Winter Clothing Collection**

There is still a little time to contribute some winter clothing. Some have brought in clothing and others have knitted scarves and hats.

#### **Mobile food Pantry**

Please continue to add items here. A box under a table is located in the lobby.

#### **Human Rights Sabbath**

See else where in the Bulletin for more information about this iservice on March 13,, 2016.

#### **TEMV TRIVIA**

Well the presidential race is under way and with Bernie Sanders in the mix, the question is who was the first Jewish American to be nominated by their party as a candidate for president/vice president? Ans. Next month. Last month's answer: David Beckham

## **Ritual Committee**

On behalf of the ritual committee, I'm excited to share that committee participation and attendance at services is growing. In December, we tried something different and one night had the Oneg prior to the Shabbat service and many enjoyed dinner together after services at a local restaurant. We also worked with Rabbi Sparr to plan the evening of the Tot Shabbat service, and Hanukah celebration. Over the next month members of the ritual committee will be working with Rabbi Sparr to develop an outline for lay leaders to follow when they lead a service, planning and preparing for the social action focused service, the Tu b'shvat Seder, and our other Friday night Shabbat services.

Following time honored traditions and creating new ones, we strive to make each of your visits to your temple full of worship, learning, and community. If you have any suggestions or ideas that might enrich your experience or just want to be a part of our planning team, please contact me at <a href="mailto:ritualchair@temv.org">ritualchair@temv.org</a> or join us for our next meeting on February 1st, at 7pm at TEMV.

Karen



## 🔪 Tot Shabbat Programming

**Friday, Jan 8** - 6 – 6:30 PM with Rabbi Robin

For families with young children(birth to 6; siblings, grandparents and extended family welcome!

An engaging Erev Shabbat service of music, movement, prayer and stories. Potluck pizza dinner follows at 6:30 and a Shabbat Service at 7:30 Tot Shabbat services will also be held on Fri Mar 11 and May 13.

Sun Feb 7 10:30 - 11:15 am

Family program including stories, songs, movement and ideas for home celebration of Jewish holidays.

## TEMV YOGA



TEMV yoga meets twice a week. Wed. 6:45 – 8:00 pm and **Gentle Yoga, Mondays, at a new time, 11:15 am**. Everyone is welcome to join either class on a drop in basis. All levels welcome. The Monday morning class is a great way to start the week with long deep

stretches

Cost \$7 for the instructor and a \$3 donation to the temple. Wear comfortable clothes and bring a mat.

For more information, contact Phebe at (978) 256-2855 or email the instructor, Cornelia Dinca, at yogainfo@temv.org.

For cancellations and last minute changes it is recommended that you join the email list by sending a blank email to <a href="mailto:yoga-join@temv.org">yoga-join@temv.org</a>

## Mah Jong

#### Tuesdays 6 PM & Thursdays 1 PM

Send a blank email mahjonggjoin@temv.org to join the email list. We sometimes cancel at the last minute and we want to let everyone know. Send us an email or give us call to let us know you plan on being there. Spread the word; bring your friends and neighbors!

\$2 Temple donation appreciated.

Contact: mahjong@temv.org or Shirley 978 851-4724 or Phebe 978 256-2855

### Happening at TEMV Weekly Email Blast

Watch your Inbox for the Happening this week at TEMV Email Blast

Please watch your email inbox for a reminder of everything happening at TEMV for the week. Since the end of September a weekly blast with all activities and reminders for the week has been sent to the community email list. If you haven't been receiving these important reminders, check your spam folder. To join the distribution list automatically – address an email to: community-join@temv.org.

The email includes Rabbi Sparr's office hours for the week, committee meetings, special announcements, Shabbat Services updates and reminders. Send feedback and suggestions to <a href="mailto:publicity@temv.org">publicity@temv.org</a>

#### Social Action Sabbath

The Temple will have its annual social action Sabbath on **Friday January 15, 2016 at 7:30 PM**. It is open to all in the Temple Community.

The subject this year is "inequality". There has been much upheaval in various cities around the country and those experiences provide the context for this Sabbath's theme.

As a Jewish community we have much experience and history which we can bring to this subject. We have learned a lot about being labeled as unequal to others and then having to find ways to cope with and to address that prejudice. Each group's story is unique but we have had centuries of experience which we can use to understand another's experience.

Staff from Community Teamwork or CTI(Lowell's antipoverty agency) will address the Temple in what we expect to be an interactive and lively discussion.

Please place this date (1/15/16) on your January calendar.

Thank you, Frank

## Highland Neighborhood Circle

TEMV will be hosting the Highland Neighborhood Circle (HNC) monthly meeting on Monday, January 11th, 7-8:30 pm. Richard Howe, the Register of Deeds, for Lowell is the featured guest. The HNC is one of many neighborhood groups in Lowell and is the neighborhood that the temple is located. For those members and friends who live in the Highlands, please feel free to attend.

## Interested in a Temple Outing – Lunch, Dinner, Movie, Bowling …?

Temple Outings and activities can be arranged by any one in the temple community. Choose a date, time and place – double check with Phebe (<a href="mailto:publicity@temv.org">publicity@temv.org</a>) that there are no conflicts email a blurb to <a href="mailto:edi-tor@temv.org">edi-tor@temv.org</a> for inclusion in the monthly bulletin and Phebe for inclusion in the weekly email blast.

## Membership News

## R'fu-ah Sh'leymah

"The renewal of body, the renewal of spirit.."

Erica Kahan
Don Klafus
Alice Kleinhans
Jim Lipshires
Rachel Rand
Nancy Rovin
Eliot Yaffa

#### May their memory be for a blessing

Shirley Ann Swartz Freedman, mother of Carol Freedman, passed on Monday, December 14th, at the age of 95. Donations in memory of Shirley Freedman may be made to: Cooley-Dickinson Hospice, 168 Industrial Drive, Northampton, MA 01060

To the Sparr/Rothman family, on the loss of their beloved cousin, Harold Sparr

#### Recent Ponations

This month we've had some very generouse anonymous donations, listed below. Don't forget, if you send a check by the  $31^{\rm st}$  you can claim it as a tax deduction for this year!

\$5,000 to the general fund

\$ 2,000 for music

\$ 7,000 for the renovation fund

\$25,000 to the rabbi's salary.

All of these anonymous donations were made from our own members. A huge thank you to them!!

There's still plenty of time to donate high holiday prayer books or to buy a set for yourself!. More information about the new machzor can be found on page 6 of the bulletin.

## Bereavement Info

The Temple Emanuel community is available to assist members who experience the passing of a loved one. In addition to calling **Rabbi Sparr**, please notify **Karen Lipshires** (617 312-0393) or email caring@temv.org. We will respond to the needs of the individual members by notifying Temple members of the death, arranging for *Shiva*, or helping in any other way that we can be of service.

### **TEMV Donation Form**

In times of joy and in times of sorrow, to mark a special occasion or to remember a loved one, it is a custom to give charity. Kindly consider TEMV when you wish to share your gratitude for the blessings of life, loved ones, and special moments

Name:
Phone:
Email:
Kindly accept my donation in honor in memory of:
Please apply my donation to the following fund:General Fund
Education Fund
Rabbi's Discretionary Fund
Prayerbook
Social Action
Music
Youth Group
Library Fund
Hechel Loans Fund
Security / Safety (i.e defibrillator)
Accessibility Fund
Kindly send an acknowledgement of my donation to: Name:
Address:

Contact the treasurer Alix Epstein at <a href="mailto:treasurer@temv.org">treasurer@temv.org</a> for information on any of the funds.

# Hearts and Flowers Dance

February 13, 2016 8:00PM to 11:00 PM

Come and dance the night away with your sweetheart or friends. Enjoy classic rock music with a sampling of wines, hors d'oeuvres, and desserts.

Singles, couples and groups welcome



Featuring:

www.barchordsband.com Live classic rock dance music from the 60's 70's and 80's

#### Tickets:

\$17 per person advance sales or \$20 at the door

Temple Emanuel, 101 West Forest St. Lowell, MA 01851 call (978)-454-1372 or email events@temv.org for more information and advance ticket sales

## It Takes a Community

Temple Emanuel is a buzz with activity, there's something going on at the temple almost every day. This spring there are many events and activities planned and for them to be successful we need volunteers, no job is too small, all help is appreciated. Don't know where to begin, read through the bulletin, you are sure to find something that sparks your interest. Everyone can participate at their own level. If you have a suggestion contact any board member. Below are just a few of the many ways you can help TEMV continue to thrive.

Attend Shabbat or Tefilah Services
Volunteer to host an Oneg
Sign up for Taste of Mussar
Attend committee or board meetings
Take the garbage, recycling or compost home
Offer to help maintain and upgrade the building
Offer to help copy and mail the bulletin
Write bulletin articles

Publicity – post fliers, post on websites, and write articles publicity@temv.org

Lunch Bag Assemblies – donate to and help prepare lunches for the Lowell Transitional Living Center – next one is Sun Jan 10 at 9:30 <a href="mailto:frank@temv.org">frank@temv.org</a>

Western Ave Studios – help find commissioned art for TEMV art gallery – contact <a href="mailto:president@temv.org">president@temv.org</a>

Hearts and Flowers Dance – Feb 13

Decorations, set up, clean up, preparing food

events@temv..org

Musical Tapestry and Auction – March 12
Auctioneer, Solicit donations, pick up donations, prepare food, set up, clean up, create baskets, donate to the auction <a href="mailto:events@temv.org">events@temv.org</a>

Open House – Sun Apr 3 – <a href="mailto:membership@temv.org">membership@temv.org</a>

Second Night Pot Luck Seder – Sat, Apr 23
Set up, clean up, purchasing or preparing required items <a href="mailto:ritualchair@temv.org">ritualchair@temv.org</a>

## **Temple Contacts**

If you need to speak to someone at the Temple, here are some important contact people. (Please limit calls to home numbers to between 10:00 am and 10:00 pm except in cases of emergency or prior arrangement.)

#### Rabbi Robin Sparr

Temple: 978-454-1372; Home: 508-736-5555

rabbi@temv.org

President

Stephanie Karakantas, president@temv.org

Director of Education

Rabbi Robin Sparr rabbi@temv.org

Ritual Committee

Karen Lipshires, ritualchair@temv.org,

617-312-0393

Caring Committee

**Karen Lipshires**, caring@temv.org, 617-312-0393

**Education Committee** 

Sue Corneliussen, education@temv.org

Treasurer

Alexandra Epstein treasurer@temv.org,

Social Action

Frank Baskin, farfel43@yahoo.com, 978 458-1512

Membership, Membership@temv.org

Programming

Shirley Papp, spapp7@gmail.com, 978-851-4724

**Publicity** 

Phebe Rand, publicity@temv.org, 978-256-2855

## **Publicity Corner**

TEMV is on Twitter! Follow us @TEMV\_Lowell to stay on top of Temple happenings and items we share from the wider communities of which we are a part.

Don't forget to Like us on **Facebook**. Anyone can post comments and post to the temple's Facebook page. Your posts on the TEMV page helps boost our visibility.

Publicity volunteers needed to: Post fliers at our local supermarket, library, work, coffee shop. Post events on various websites, write articles for the local papers, take photographs at temple events, and brainstorm ideas. Send an email to <a href="mailto:publicity@temv.org">publicity@temv.org</a> or call Phebe at (978) 256-2855 if you are willing to help in any way.

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