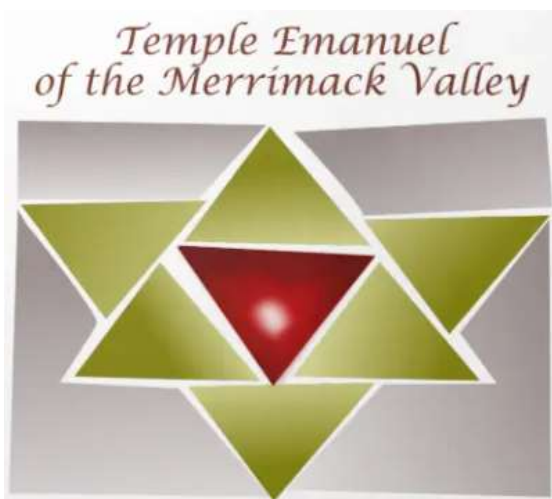




with



Temple Sinai



29 April 2022

## SHAMBALA - *Three Dog Night*

How does your light shine, in the halls of Shambala?

## “A song for the Sabbath...” - *Psalms 92:1-4*

It is good to praise Adonai; to sing hymns to Your name, O Most High, to proclaim Your steadfast love at daybreak, Your faithfulness each night, with a ten-stringed harp, with voice and lyre together.

## Candle Lighting

בְּרוּךְ אַתָּה יְיָ, אֱלֹהֵינוּ מֶלֶךְ הָעוֹלָם, אֲשֶׁר קִדְּשָׁנוּ בְּמִצְוֹתָיו  
וְצִוָּנוּ לְהַדְלִיק נֵר שֶׁל שַׁבָּת

Blessed are you, Adonai our God, Sovereign of the universe, who hallows us with mitzvot, commanding us to kindle the light of Shabbat.

## SHINE – *Trey Anastasio*

And the light shines on, while we all ride on!

When the day's come and gone, you know we all shine on!

## Psalm 95:1-7

Come, let us sing joyously to Adonai, raise a shout for our Rock and Deliverer; let us come into God's presence with praise; let us raise a shout for God in song!

## L'CHA DODI – *Olly Murs "Dance with me Tonight"*

לְכָה דוֹדֵי לְקִרְאֵת כְּלָה. פְּנֵי שַׁבָּת נְקַבְּלָה

L'Cha, l'cha dodi, lik-rat, lik-rat kalah, p'nei p'nei Shabbat  
n'kab'lah.

## Hatzi Kaddish

Yitgadal v'yitkadash sh'meih raba  
b'alma di v'ra chiruteih,  
v'yamlich malchuteih  
b'chayeichon uv'yomeichon  
uv'chayei d'chol beit Yisrael,  
baagala uviz'man kariv, v'imru: Amen.  
Y'-hei sh'-meih ra-ba m'-va-rach  
L'-a-lam ul'-al-mei al-ma-ya.  
Yit-ba-rach v'yish-ta-bach, v'yit-pa-ar  
v'yit-ro-mam v-yit-na-sei,  
v'yit-ha-dar v'yit-a-leh v'yit'-ha-lal  
sh'-meih d'-kud'-sha b'-rich hu.  
l'-ei-la min kol bir-cha-ta v'-shir-a-ta,  
tush-b'-cha-ta v'-nech-e-ma-ta,  
da-a-mi-ran b'-al-ma v'-im'-ru A-men

יִתְגַּדַּל וְיִתְקַדַּשׁ שְׁמֵהּ רַבָּה  
בְּעֵלְמָא דִּי בְרָא כְרַעוּתָהּ,  
וְיַמְלִיךְ מַלְכוּתָהּ  
בְּחַיֵּיכוּן וּבְיָמֵיכוּן  
וּבְחַיֵּי דְכָל בֵּית יִשְׂרָאֵל,  
בְּעֵגְלָא וּבְזִמְן קָרְבָּי,  
וְאָמְרוּ: אָמֵן.  
יְהֵא שְׁמֵהּ רַבָּא מְבָרַךְ  
לְעֵלְמֵי וּלְעֵלְמֵי עֵלְמַיָּא.  
יִתְבָּרַךְ וְיִשְׁתַּבַּח וְיִתְפָּאֵר  
וְיִתְרוֹמֵם וְיִתְנַשֵּׂא,  
וְיִתְהַדָּר וְיִתְעַלֶּה וְיִתְהַלַּל  
שְׁמֵהּ דְקֻדְשָׁא בְרִיךְ הוּא,  
לְעֵלְא מִן כָּל בְּרַכְתָּא וְשִׁירָתָהּ,  
הַשְּׁבַחְתָּא וְנַחֲמַתָּא,  
דְאָמְרִין בְּעֵלְמָא וְאָמְרוּ: אָמֵן.

## Bar'chu

בְּרַכּוּ אֶת יְיָ הַמְּבָרָךְ!

Praise Adonai to whom praise is due forever!

בְּרוּךְ יְיָ הַמְּבָרָךְ לְעוֹלָם וָעֶד!

Praised be Adonai to whom praise is due, now and forever!

## Ma'ariv Aravim

Blessed are You, Adonai our God, Ruler of the universe, who speaks the evening into being, skillfully opens the gates, thoughtfully alters the time and changes the seasons, and arranges the stars in their heavenly courses according to plan.

You are Creator of day and night, rolling light away from darkness and darkness from light, transforming day into night and distinguishing one from the other.

*Adonai Tz'vaot* is Your Name.

Ever-living God, may You reign continually over us into eternity.  
Blessed are You, Adonai, who brings on evening.

בָּרוּךְ אַתָּה יי, הַמְעַרֵיב עֶרְבִים

Baruch atah, Adonai, hamaariv aravim.

## Ahavat Olam

Endless is Your love for Your people Israel. You have taught us Torah and its mitzvot, laws and judgement. Therefore, O God, when we lie down and when we rise up we shall speak of Your commandments and rejoice in Your Torah and mitzvot forever. Day and night we will reflect on them. They are our life and the length of our days. Your love shall never depart from our hearts. Blessed are You, Eternal God who loves Your people Israel.

בָּרוּךְ אַתָּה יי אוֹהֵב עַמּוֹ יִשְׂרָאֵל!

Baruch atah, Adonai, ohev amo Yisrael.

## Sh'ma

שְׁמַע יִשְׂרָאֵל, יי אֱלֹהֵינוּ, יי אֶחָד.

Sh'ma Yisrael, Adonai Eloheinu, Adonai Echad!

Hear, O Israel, Adonai is our God, Adonai is One

בָּרוּךְ שֵׁם כְּבוֹד מַלְכוּתוֹ לְעוֹלָם וָעֶד.

Baruch shem k'vod malchuto l'olam va-ed.

Blessed is God's glorious majesty forever and ever.

## **V'ahavta** – *Marge Piercy*

So you shall love what is holy with all your courage, with all your passion, with all your strength.

*Let the words that have come down shine in our words and our actions. We must teach our children to know and understand them. We must speak about what is good and holy within our homes when we are working, when we are at play, when we lie down, and when we get up.*

Let the work of our hands speak of goodness. Let it run in our blood and glow from our doors and windows.

## **Redemption**

Standing on the parted shores of history, we still believe what we were taught  
before we ever stood at Sinai's foot;  
that wherever we go, it is eternally Egypt, that there is a better place, a promised land;  
that the winding way to that promise passes through the wilderness.

That there is no way to get from here to there except by joining hands, marching together.

## **MI CHAMOCHA** – *Redemption Song, Bob Marley*

Won't you help to sing these songs of freedom? 'Cuz all I ever have, redemption songs.

בְּרוּךְ אַתָּה, יְיָ, גֹאֵל יִשְׂרָאֵל

Baruch atah Adonai, ga'al Yisrael.

Let there be love and understanding among us.  
Let peace and friendship be our shelter from life's storms.  
Adonai, help us to walk with good companions,  
to live with hope in our hearts and eternity in our thoughts,  
that we may lie down in peace and rise up waiting to do your Will.

## **HASHKIVEINU** – *Dan Nichols*

Hashkiveinu Adonai Eloheinu L'Shalom  
V'hamideinu malkeinu L'chaim Shalom

## **LET'S GET TOGETHER** – *The Youngbloods*

C'mon people now, smile on your brother, everybody get together  
try to love one another right now.

## **V'shamru**

The people of Israel shall keep Shabbat, observing Shabbat throughout the ages as a covenant for all time. It is a sign for all time between Me and the people of Israel. For in six days Adonai made heaven and earth, and on the seventh day God ceased from work and was refreshed.

## **Amidah**

*Silent prayer*

## **MI SHEBEIRACH** – *Howard Kalfus*

## **OSEH SHALOM** – *Noam Katz*

May the One who makes peace, grant peace to us,  
to Yisrael and all the world.

## **WALK HUMBLY** – *Bruce Chalmer*

To do justice, and love mercy, and walk humbly with your God.

### **Aleinu**

עֲלֵינוּ לְשַׁבַּח לְאֲדוֹן הַכֹּל, לְתַת גְּדֻלָּה לְיוֹצֵר בְּרֵאשִׁית, שְׁלֹא  
עָשָׂנוּ כְּגוֹיֵי הָאָרְצוֹת, וְלֹא שָׁמְנוּ כְּמִשְׁפְּחוֹת הָאֲדָמָה, שְׁלֹא  
שָׂם חֶלְקֵנוּ כָּהֵם, וְגָרְלָנוּ כְּכֹל הַמוֹנִים.

וְאַנְחֵנוּ כּוֹרְעִים וּמִשְׁתַּחֲוִים וּמוֹדִים, לְפָנֵי מֶלֶךְ, מַלְכֵי  
הַמַּלְכִּים, הַקָּדוֹשׁ בְּרוּךְ הוּא.

Aleinu l'shabei-ach laadon hakol, lateit g'dulah l'yotzeitr b'reishit,  
shelo asanu k'goyei haarotzot, vlo samanu kmishp'chot haadamah.  
Shelo sam chelkeinu kaham, v  
goraleinu k'chol hamonam.

Vaanachnu kor'im umishtachavim umodim, lifnei Melech mal'chei  
hamlachim HaKadosh Baruch Hu.

## **Mourner's Kaddish**

Yitgadal v'yitkadash sh'mei raba. B'alma di v'ra chirutei, v'yamlich malchutei,

b'chayeichon uv'yomeichon uv'chayei d'chol beit Yisrael, baagala uviz'man kariv. V'im'ru: **Amen.**

**Y'hei sh'mei raba m'varach l'alam ul'almei almaya.**

Yitbarach v'yishtabach v'yitpaar v'yitromam v'yitnasei, v'yit'hadar v'yitaleh v'yit'halal sh'mei d'kud'sha **b'rich hu.** L'eila min kol birchata v'shirata,

tushb'chata v'nechemata, da'amiran b'alma. V'imru: **Amen.**

Y'hei sh'lama raba min sh'maya, v'chayim aleinu v'al kol Yisrael. V'imru: **Amen.**

Oseh shalom bimromav, hu yaaseh shalom aleinu, v'al kol Yisrael. V'imru: **Amen.**

Blessed is the earth from which we grow,  
blessed the life we are lent,  
blessed the ones who teach us,  
blessed the ones we teach,  
blessed is the word that cannot say the glory  
that shines through us and remains to shine  
flowing past distant suns on the way to forever,  
Let's say **amen.**

**TIME OF YOUR LIFE – *Green Day***

**ADON OLAM – *The Clash, "Should I Stay or Should I Go?"***